

Time Slots

Date	Day	6:30 AM to 7:30 AM	7:30 AM to 8:50 AM	9:00 AM to 10:00 AM	10:00 AM to 11:00 AM	11:00 AM to 12:00 Noon	12 to 1 PM	1:00 to 2:30 PM	2:30 PM - 3:45 PM	3:45 PM - 5:00 PM	5:00 PM - 6:00 PM	6:00 pm to 7:30 pm	7:30 PM to 9:00 PM	9:00 PM to 11:00 PM
July 24, 2023	Monday													
	Cohort A (A1 - A8)	Breakfast	Registrations Venue: Respective Institutes	Inauguration Session Shri HP Singhania Prof Dheeraj Sanghi Mr. Asheesh Gupta Prof. Bala Subramaniam Dr. Renu Jain Dr. Ashwani Sharma (Venue: IM & IET Amphitheater)	Brief about Aarambh Schedule & Team Introduction by Deepak Sogani (Venue: IM & IET Amphitheater)	Lunch	Ice Breaking Session by Manish Freeman (Venue: 113 & 114, Technology Block)	Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Open Mic Venue: LRC Stairs			
	Cohort B (B1 - B8)													
	Cohort C (C1 - C8)													
July 25, 2023	Tuesday													
	Cohort A (A1 - A8)	Yoga Venue: Sabrang Ground	Breakfast	Power Talk 1 by Yonus Khimani on Jaipur: An 18th Century Start Up (Venue: IM & IET Amphitheater)	Know Your Institutions (Venue: Respective Institutes)	Introduction to Campus Administrations Hostels Mess Transport Campus Facilities by Administration Team (Venue: IM & IET Amphitheater)	Lunch	Introduction to Student Affairs Clubs Events Student Council Sports Wellness by Student Affairs Team (Venue: IM & IET Amphitheater)	University Function (Library IT & System Fee & Account Department Committees Examination and Academics) (Venue: IM & IET Amphitheater)	Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Dumb Sharaas & Antakshari by Aarambh Coordinators & Volunteers Venue: LRC Stairs	
	Cohort B (B1 - B8)													Musical Night by Music Club Venue: Sabrang Ground
	Cohort C (C1 - C8)													Quiz Club Activity Venue: IM Amphitheater
July 26, 2023	Wednesday													
	Cohort A (A1 - A8)	Zumba Venue: Sabrang Ground	Breakfast	Power Talk 2 by Trisha Mishra (Yet to be confirmed by Bala) (Venue: IM & IET Amphitheater)	Introduction to CCCT by CCCT Team (Venue: IM & IET Amphitheater)	Workshop on Strategic Thinking by Aarambh Coordinators (Venue: IM & IET Amphitheater)	Lunch	Workshop on Strategic Thinking by Aarambh Coordinators (Venue: IM & IET Amphitheater)	Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Quiz Club Activity Venue: IM Amphitheater		
	Cohort B (B1 - B8)												Dumb Sharaas & Antakshari by Aarambh Coordinators & Volunteers Venue: LRC Stairs	
	Cohort C (C1 - C8)												Musical Night by Music Club Venue: Sabrang Ground	
July 27, 2023	Thursday													
	Cohort A (A1 - A8)	Running & Exercise Venue: Campus	Breakfast	Power Talk 3 by Anjali Suneja on The Power of LinkedIn (Venue: IM & IET Amphitheater)	Workshop on Craft Appreciation by Amitanshu Shrivastav (Venue: IM & IET Amphitheater)	Lunch	Workshop on Goal Setting by CCCT Team (Venue: IM & IET Amphitheater)	Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Movie Night by Council of Campus Life Venue: IM & IET Amphi Theater			
	Cohort B (B1 - B8)													
	Cohort C (C1 - C8)													
Friday														
	Cohort A (A1 - A8)			Power Talk 4 by Dr. Daisy Sharma	Workshop by Anant Agarwal on		Workshop by Manan Pathwa on		Sports Activities		Musical Night by Music Club Venue: Sabrang Ground			

July 28, 2023	Cohort B (B1 - B8)	Meditation Venue: Sabrang Ground	Breakfast	on Leadership Skills & Time Management (Venue: IM & IET Amphitheater)	Climbing The Professional Ladder (Venue: IM Amphitheater)			Lunch	Creative & Lateral Thinking			Evening Snacks	Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Quiz Club Activity Venue: IM Amphitheater
	Cohort C (C1 - C8)				Workshop by Manan Palwa on Creative & Lateral Thinking				Workshop by Anant Agarwal on Climbing The Professional Ladder (Venue: IM Amphitheater)						Dumb Shraas & Antakshari by Aarambh Coordinators & Volunteers Venue: LRC Stairs
July 29, 2023	Saturday														
	Cohort A (A1 - A8)	Tree Plantation Venue: Ground Near New Lab Block (2 Tree Per Cohort Will Be Planted)	Breakfast	Alumni Talk: IM by Yagya Tiwari, Bismunpreet Singh, Sahil Bhagwan & Manvi Sharma (Venue: IM & IET Amphitheater)	Workshop by Ms. Kiran Chauhan on Creative Writing & Poetry (Venue: IM Amphitheater)	Alumni Talk: IET by Raghav Goyal, Nonit Mittal & Sparsh Agarwal (Venue: IM & IET Amphitheater)	Placement Talk by Shousuk Biswas (Venue: IET Amphitheater)	Lunch	Workshop on Manzil Mystics by Anurag Hoon (Venue: IM & IET Amphitheater)			Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Movie Night by CCCT Venue: IM & IET Amphi Theater
	Cohort B (B1 - B8)				Placement Talk by Shousuk Biswas (Venue: IET Amphitheater)		Workshop by Ms. Kiran Chauhan on Creative Writing & Poetry (Venue: IM Amphitheater)								
	Cohort C (C1 - C8)														
July 30, 2023	Sunday	Trekking													
Date	Day	6:30 AM to 7:30 AM	7:30 AM to 8:50 AM	9:00 AM to 10:00 AM	10:00 AM to 11:00 AM	11:00 AM to 12:00 Noon	12:00 Noon to 1:30 PM	1:30 to 2:30 PM	2:30 PM - 3:45 PM	3:45 PM - 5:00 PM	5:00 PM - 6:00 PM	6:00 pm to 7:30 pm	7:30 PM to 9:00 PM	9:00 PM to 11:00 PM	
July 31, 2023	Monday														
	Cohort A (A1 - A8)	Yoga Venue: Sabrang Ground	Breakfast	Alumni Talk: ID by Khushi Garg (Venue: IM & IET Amphitheater)	Session by Entrepreneurs of JKLU (BBA & B. Tech) (Venue: IM & IET Amphitheater)			Lunch	Workshop on Theater by Rang Mastaaney (Venue: Technology Block 113, 114, IOD B003, Engineering Studio at EB1 Basement, 2 more locations)			Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Dance Club Activity Venue: LRC Stairs
	Cohort B (B1 - B8)														Nakshatra Club Activity Venue: Sabrang Ground
	Cohort C (C1 - C8)														Idea Generation by Business Club Venue: IM Amphitheater
August 1, 2023	Tuesday														
	Cohort A (A1 - A8)	Zumba Venue: Sabrang Ground	Breakfast	Power Talk 5 by Sudhir Jain VC, IIT-BHU (Yet to be confirmed through VC) (Venue: IM & IET Amphitheater)	Workshop on Cyber Security Thread by Mohit Soni (Venue: IM & IET Amphitheater)			Lunch	Workshop on Theater by Rang Mastaaney (Venue: Technology Block 113, 114, IOD B003, Engineering Studio at EB1 Basement, 2 more locations)			Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Idea Generation by Business Club Venue: IM Amphitheater
	Cohort B (B1 - B8)														Dance Club Activity Venue: LRC Stairs
	Cohort C (C1 - C8)														Nakshatra Club Activity Venue: Sabrang Ground
August 2, 2023	Wednesday														
	Cohort A (A1 - A8)	JKLU Run Venue: Campus	Breakfast	Power Talk 6 by Rashmi Jain on Unlocking the Sixth Sense for Artificial Intelligence or Awakening it Inside (Venue: IM & IET Amphitheater)	Workshop on Mental Health (Venue: IM & IET Amphitheater)			Lunch	Workshop on Theater by Rang Mastaaney (Venue: Technology Block 113, 114, IOD B003, Engineering Studio at EB1 Basement, 2 more locations)			Evening Snacks	Sports Activities Football Volleyball Basketball Badminton Table Tennis Traditional Games (To be coordinated by Sports Officer with Student Volunteers)	Dinner	Nakshatra Club Activity Venue: Sabrang Ground
	Cohort B (B1 - B8)														Idea Generation by Business Club Venue: IM Amphitheater
	Cohort C (C1 - C8)														Dance Club Activity Venue: LRC Stairs
Thursday															

August 3, 2023	Cohort A (A1 - A8)	Cardio & Exercise Venue: Sabrang Ground	Breakfast	Power Talk 7 by Pranath Raj Sinha (Yet to be confirmed through VC)	Lunch	Workshop by Swapnil Saxena & Yash Raizada on Reel Making (Venue: IM & IET Amphitheater)	Evening Snacks	Practise Time for Theater Show	Dinner	Practise Time for Theater Show
	Cohort B (B1 - B8)			(Venue: IM & IET Amphitheater)						
	Cohort C (C1 - C8)			(Venue: IM & IET Amphitheater)						
4-Aug-23	Friday									
	Cohort A (A1 - A8)	Meditation Venue: Sabrang Ground	Breakfast	Treasure Hunt by Rang Mastaaney (Venue: Campus)	Lunch	Open House (Venue: IM & IET Amphitheater)	Evening Snacks	Theater Show Followed by Valedictory (Venue: LRC Stairs)	Dinner	Departure of Buses at 9:15 PM from JKLU Main Gate
	Cohort B (B1 - B8)									
Cohort C (C1 - C8)										